

Suggested Personal Equipment

- Sunscreen + Sunglasses
- Lip balm with sunscreen
- Long sleeved shirt
- Long pants (or better yet, zip-offs)
- Shorts (see above)
- Underwear
- Shampoo
- Lightweight waterproof jacket/rain gear
- Socks (ie: hiking, lightweight)
- Footwear relative to your activity
- Sleepwear
- Camp/soft shoes
- Personal first aid kit
- Flashlight
- Pillow if you have room, or pillow case to stuff
- Clothesline and pegs for hanging clothing to dry
- Ear plugs - other people do snore!
- Extra blanket and/or campfire blanket (optional)
- Insect repellent
- Towels
- Hand soap in container
- Comb/brush
- Toothbrush/paste
- Unsented deodorant (non-aerosol)*
- Personal toiletries/medication
- Sun hat with brim/neck
- Books or other quiet time choice
- Hand laundry soap
- Sleeping bag
- Mattress
- Ground sheet

Essential Gear

- Water bottle (labeled please)
- Whistle
- Pocket knife
- Your personal mug is an option
- Eating utensils