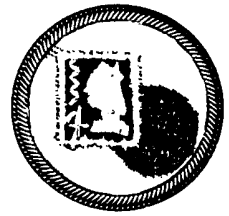


Personal Development Category



Collector

1. Own and add to a collection that you have worked on for the last six months. This must have been done as a Scout.
2. Display your collection in a suitable manner.
3. Present your collection, your interest in it, some of its history and describe why and how you choose to display it as you have.



Communicator

1. Serve on the editorial or writing staff of a magazine or paper for at least eight (8) months, or during the time two (2) issues are published.
Show that you were able to rewrite and improve an article or manuscript, while still retaining important information.
Write at least two (2) articles.
2. As secretary for your Court of Honour or other troop/patrol meetings, keep records and minutes for at least six (6) months.
3. Take part in two organized debates or two public speaking events. Discuss the preparations for your part in these events.



First Aid

1. Earn the St. John Ambulance First Aid Standard level, or equivalent Red Cross level.

OR

2. Demonstrate to a trained instructor the techniques and knowledge equivalent to First Aid Standard level
