

Afloat Skills

Section III – Preliminaries

9. Coil a line correctly
10. Make a line fast to a cleat
11. Under the direct of an instruction, get in and out of a boat safely at a dock or mooring. Demonstrate correct weight distribution, smooth movement, maintenance of own balance and ability to correct for weight shifts or others.

Section IV – Rigging

12. Rig a training boat by rigging sails, and control lines, fitting the rudder and tiller, adjusting the centerboard and hoisting sails. (Mast is already stepped)
13. Demonstrate how to properly secure all essential gear for sailing (as a minimum the MOT list of required items) in a training boat.

Section V – Boat handling (under Instructor Direction)

14. Identify the direction of the wind.
15. Carry out simply sheet adjustments while underway to keep sail just on the point of luffing while on a reach.
16. Carry out simply rudder adjustments, keeping a boat going in a straight line on a reach for at least two minutes.
17. Demonstrate how to right a capsized boat and clear it of water

Section VI – De-rigging and Securing

18. Secure a boat at a dock clear of hazards (other boats, rocks, etc.)
 - a) by the bow only – use the proper knot and size of line and leaving an appropriate length of line
 - b) by the bow and stern – using proper bow and stern lines and fenders to prevent unwanted boat movement and rubbing.
19. Secure a boat at a single mooring, using the appropriate size line and knot, and leaving an appropriate length of line.
20. De-rig a training boat by lowering and removing sails, removing and storing rudder and tiller and properly securing the boom and centerboard (where applicable).
21. With assistance spread out, free of wrinkles and properly fold and bag a loose sail.
22. Demonstrate how to properly secure all gears in a training boat following sailing (e.g. for the night)
