

Home and Community



First Aider Badge

With the help of an adult, do any seven of the following:

CHECK OFF WHEN COMPLETED AND WRITE THE DATE.

- _____ () 1. Explain:

_____ a) The meaning of first aid.
_____ b) The meaning of medical aid
_____ c) The three most important measures you must
_____ learn to save a life.
- _____ () 2. Do the following:

_____ a) Demonstrate rescue breathing.
_____ b) Demonstrate first aid for a severe wound.
_____ c) Show how to care for an unconscious person.
_____ d) Show how to give first aid for a burn or scald.
_____ e) Show how to give first aid for a wound that is
_____ bleeding.
_____ f) Show how to stop a nose bleed.
_____ g) Show what to do if your clothes or another
_____ person's clothes catch fire.
_____ h) Describe the signs of frost-bite and how to treat it.
_____ i) Describe what to do if an insect or animal bites
_____ you or another person.
_____ j) Explain how to prevent and treat hypothermia and
_____ overheating.

Note: Direct human contact (human to human) is not required for Cubs practising rescue breathing.

You can get more information from the local office of St. John Ambulance or The Canadian Red Cross that serves your area.

I completed my First Aider Badge requirements on: _____

Name: _____